Bullying: Warning Signs and Intervention

Presenters: Amanda Anderson, B.S.; Cara Bortz, B.S.

The Scott Center Psychological Services will present a seminar on bullying. *Bullying: Warning Signs and Intervention* is a two hour presentation, complete with a Question and Answer session, where current clinicians at the Scott Center Psychological Services will provide information to parents on the warning signs and dangers of bullying what can be done to help.

As children, school is an exciting place where both good and bad things happen. We grow, we learn, we make friends, and we set the foundation for becoming the people we are today. But let’s face it, years later we can still remember the kid in school who made other kids’, or maybe our, lives miserable - the bully. In today’s society, the bully is no longer quietly confined to the halls of the school; the internet and social networking sites have made it even easier for a bully to target other children even after the school day is over. The effects of being tortured and tormented at school are continually evident in the children who have been ostracized or picked on by their classmates. So as concerned parents, what are the signs that your child may be getting bullied at school? And more so, what can you do about it?

The Scott Center for Psychological Services presentation series introduces an opportunity for parents to learn more about bullying on October 26th, from 5:00 to 7:00pm. Clinical Psychology doctoral students Amanda Anderson, B.S. and Cara Bortz, B.S. will mediate an informational presentation on the definition of bullying, who tends to be bullied, the effects of being bullied, as well as the warning signs that your child may be the victim of bullying at school or on-line. What if you think your child may be the bully at his or her school? Information regarding the warning signs for that will be presented as well, developing an encompassing discussion of all aspects of bullying. Further, bullying in the lives of adults will be briefly discussed to aid in the recognition of bullying in adult settings. Following the presentation, Ms. Anderson and Ms. Bortz will be available for a question and answer session to give additional and less structured information determined by, you, the concerned parents.

This seminar is available to anyone who wants to gain a better understanding of the current trend of bullying today. Additional information regarding this presentation can be attained by calling 321-674-8106 ext. 2. Despite all the obstacles, parents can protect their children by gaining and passing down education on the effects of bullying to their children. Don’t wait until your child is the victim of bullying to act, please join us on October 26th.